



let the healing begin!

What is BodyTalk? BodyTalk is a safe, simple and effective form of therapy that allows the body's systems to be re-synchronized so that they can operate as nature intended. BodyTalk is a stand-alone system for many health problems, or it can be integrated into any health care to increase effectiveness and promote faster healing.

In a session we make links that re-establish communication between the systems, contributing to the experience of better physical, emotional and mental health.

BodyTalk's major assets are its simplicity, safety, and the speed of its results.

BodyTalk is an energy medicine that enables the body to heal effectively and easily from a wide variety of mental, emotional and physical dis-eases. The Innate Wisdom of the body, designed to be self-healing, guides the session.

quotes

"I had migraines at least once a week. After one session, I never have them anymore!" - Bella, KY

"Five months after surgery for a cat bite, I had no feeling in one finger. Within a week of my session, all sensations returned." - Devi, TN

*"She provided me with life-changing tools."
- Kate, OR*

case studies

Relief of Depression

*.Client felt happy and energetic after 4 sessions
.Following 5 sessions client said she felt emotionally stable*

Frozen Left Shoulder Released

Following a year of pain, restricted mobility, cortisone shots and considering surgery, client regained full mobility in one session.

Relief of Back Pain

A back injury had client shuffle walking with pain. After 2 sessions, he was out of pain and returned to golfing.

Phobia Gone

Client had anxiety in the mountains as well as in the choir loft. Her fear is gone. She recently enjoyed a bus ride in the Andes Mountains!

Why do we need BodyTalk? The problem is in the way our lifestyles interfere with the natural processes of the body. Today, most people in society are routinely exposed to the following:

- The physical stresses of day to day life including injuries.
- Emotional traumas and issues that arise from time to time that we experience but cannot process and release effectively.
- Chemical substances in the food we eat, the water we drink, and the air we breathe.
- Exposure to artificial energy fields and electronic devices (e.g., power plants, overhead wires, cell phones, lights, TVs, computers, microwave ovens, other electrical appliances).

The body only fails in its job because its systems have been severely compromised. In essence, the energy circuits are "blown" in a similar manner to electrical circuits in our house that "blow" when overloaded. By re-establishing good communication between the various parts of the body, they once again are able to talk to each other. The body is then capable of healing itself rapidly and effectively.

How does BodyTalk work? The protocol does not require any diagnosis. Innate wisdom, through a biofeedback technique, locates the weakened lines of communication in the order of priority.

For every malfunctioning energy circuit found, the practitioner contacts the corresponding "points". The practitioner then taps the client on the top of the head to stimulate the brain, causing the brain to re-evaluate the state of the body's health.

The practitioner then taps on the sternum, stimulating the heart. This tells the heart to store the correct energy patterns in the body's cellular memory.

Can BodyTalk help me? Here are some of the areas addressed by the BodyTalk system:

- Clearing viruses, infections, parasites, food intolerances, environmental allergies, and toxins
- Cleansing the lymphatic system
- Balancing breathing patterns
- Left/right brain co-ordination
- Clearing energy blocks in fascia, including scarring
- Specific balancing of the major body organs and complex systems, ie respiratory, reproductive, etc.
- Balancing points that often impact a person's energy level, mood, muscle tension, and digestive system
- Clearing past and present emotional blocks including phobias, fears and belief systems
- Balancing the energy systems: acupuncture meridians, the chakras, and general bioenergetic energy
- Releasing the musculo-skeletal system

What about BodyTalk sessions? BodyTalk can be useful in a number of situations:

- 1) it can address specific diseases & disorders
- 2) it can be a means of maintenance and prevention to keep the body in good health
- 3) it can complement other treatment modalities.

For most clients, four to six BodyTalk sessions may be sufficient to address the key problem and ease the symptoms.

Each session lasts from 20 minutes to an hour. The client is advised to wear loose fitting natural fiber clothing and may be asked to remove jewelry or belts. At the end of a session, the practitioner uses the body's innate wisdom (via the biofeedback technique) to determine if and when to schedule the next visit.

*For a BodyTalk session or more information:
call Mollie Yunker, 502.550.2719*